

BARBELL 1610 PRESENTS

GAUTENG BENCHPRESS

Championships

SCHEDULE

1 CLASSIC WOMEN + 59-74KG MEN

6AM WEIGH-IN | 8AM START

FLIGHT 1: 52 - 69KG WOMEN (9)

FLIGHT 2: 76 - 84+KG WOMEN (12)

FLIGHT 3: 59 - 74KG MEN (8)

2 CLASSIC MEN

9AM WEIGH-IN | 11AM START

FLIGHT 1: 83KG + 93KG MEN (20)

FLIGHT 2: 105KG MEN (10)

FLIGHT 3: 120 - 120+KG MEN (14)

3 ALL EQUIPPED + PARA-POWERLIFTERS

1PM WEIGH-IN | 3PM START

FLIGHT 1: ALL EQUIPPED (16) + PARA-POWERLIFTERS (3)

PRELIMINARY

Entries

Session 1

FARZANA BOTHA | O 52KG

ALEXANDRA MUNDELL | JNR 57KG

SARA FINE | SJ 57KG

GIULIA MUTO | O 57KG

TANIA STEENKAMP | M1 63KG

CHEVONNE ROOS | O 63KG

SUSAN FARRELL | M4 63KG

ZOHRA CRAIN

MEGAN LEIGHTON | O 69KG

GAIL MATHEWSON | M2 76KG

HEATHER LEIGHTON | M2 76KG

ALEXANDRA COETZEE | SJ 76KG

SOFIA KAVALLIERATOS | O 76KG

CHANTELLE DU TOIT | O 76KG

ZANELE NGWENYA | M1 84KG

OLIVIA PEROTTI | O 84KG

CHRISTI REES | O 84+KG

DANIELLE AITCHISON | O 84+KG

LAUREN NORTON | O 84+KG

KARIN DU PLESSIS | JNR 84+KG

MICHELE TOWNSEND | M1 84+KG

ASHTON COETSEE | SJ 59KG

FARAZ HAMAYUN | SJ 66KG

STEVEN COLEMAN | M1 66KG

MATTHIAS VENAYAGAMOORTHY | J 74KG

SULAIMAN MOTALA | O 74KG

RUBEN VAN DER LINDE | O 74KG

GLEN VAN DER LINDE | M2 74KG

JOSHUA CRAIN | SJ 74KG

PRELIMINARY

Entries

Session 2

CHAD GOVINGTON | O 83KG
DARIUS SANGARI | O 83KG
JASON KNOWLES | O 83KG
JONATHAN KARIV | O 83KG
ETHAN NEL | SJ 83KG
JAKE FINCH | SJ 83KG
YANIV LACOB | M1 83KG

RYAN STOPFORTH | O 93KG
SIBUSISO SISHI | O 93KG
ARCHIE AYEKPA | O 93KG
SIMON CURTIS | O 93KG
DARRYN ANTHONY | O 93KG
BEN WHITE | O 93KG
DEON SMEDLEY | O 93KG
JOHANN MEYER | M1 93KG
DAVID JACOBZ | M1 93KG
ALAN RIDGARD | M2 93KG
ERIC KOBAL | M3 93KG
ROBERT BROODRYK | SJ 93KG
ROSS O'DONOGHUE | JNR 93KG

MARTHINUS MULDER | O 105KG
TOM WEWEGE | O 105KG
MALCOLM CHADWICK | O 105KG
HENNIE JANSE VAN RENSBURG | M1 105KG
JERRY BOTHA | M1 105KG
DALE ABRAMS | M1 105KG
JEANDRE TERBLANCHE | JNR 105KG
MUNASHE MACHINJIKE | JNR 105KG
GLEN THOMAS | M3 105KG
CHRISTO SCHOONRAAD | M3 105KG

CRAIG MASSON | M1 120KG
TONY MUDAU | M1 120KG
HERMANUS DE BEER | M2 120KG
DENIS BENSCH | M2 120KG
IAN FURMAN | M2 120KG
JOHN CRAIN | M2 120KG
FRANCOIS MARITZ | O 120KG
BRANDON BEZUIDENHOUT | O 120KG

SIMON BREETZKE | M1 120+KG
RENIER BOTES | M1 120+KG
DAVID KERR | M1 120+KG
WERNER KOEKEMOER | M1 120+KG
STEFAN SCHRODER | O 120+KG
JARED LEASK | O 120+KG

PRELIMINARY

Entries

Session 3

ALEXA PENTOPOULOS | O 57KG

JODI POXON | M1 76KG

JACQUI REES | M1 84KG

CHRISTI REES | O 84+KG

RUBEN VAN DER LINDE | O 74KG

GLEN VAN DER LINDE | M2 74KG

MARCEL VORSTER | O 74KG

CAREL JANSEN | M1 83KG

YANIV LACOB | M1 83KG

GERHARD RABIE | O 93KG

DEON SMEDLEY | O 93KG

CRAIG MASSON | M1 120KG

DERIK VAN WYK | O 120KG

HERMANUS DE BEER | M2 120KG

SIMON BREETZKE | M1 120+KG

GLENN WARD | O 80KG

JANCO MCDULING | O 93KG

TONY JOEL ADEBAYO ADESANYA | M1 56KG